Dear walker,

Welcome to Glengarriff. The Rugged Glen, a paradise for walkers of all abilities. There are walks for everyone, from easy to hard levels, and both short or long treks. The walks feature some of the most beautiful scenery in Ireland and uniquely show case all of Ireland’s geological features. Included in just one geographical location you will find amazing views to the sea, rivers and lakes or forest, bog and mountain. With Glengarriff as your chosen walking destination you are bound to be challenged and satisfied after a long day in the hills.

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EIGHT ROAD WALKS AROUND GLENGARRIF

1. Easgarriff and Rosnaunabogue – Distance: 8km Standard: steep
Start on the Kenmare road, approx 2.5km from the village. Through the gate you walk on a roughish path ascending steadily around bends to the summit with magnificent view of the harbour area and Gannish Island. Continue downhill and after a steep descent you rejoin the main road at near the Eccles Hotel.

2. Coomhola Bridge by Bag Road – Distance: 11km Standard: easy
Follow signs from starting junction and you will travel in an easterly direction towards Coomhola. The road levels out with some peat bags and after a 2km you emerge at a crossroads. From here roads lead to The Priests Leap, Blarney Valley, Ballykilycane, Pearsons Bridge and Snave. To rejoin the main road take the road to the right and walking the Coomhola River you eventually rejoin the main road at Snave. This is quite a long walk from Glengarriff but can be considerably shortened by using the scheduled bus service to drop-off or pickup point which reduces the distance from 109km to 9.5-14.5km.

3. O’Leary’s Point, Esknamucky and Creeven – Distance: 13km
Standard: moderate
These walks are in an area rarely visited and are worth viewing. From the start point the road veers downwards and off to the right. After 100m another road leads off to right angles – this leads to O’Leary’s Point. Retrace your steps to the road and continue along it keeping to your right where the road divides in two, continue straight ahead and the pathway ends at the seashore with the offshore little island of Creeven. Return by the same route.

4. The Glen, Barley Lake, Rougham, Rossnagreena – Distance: 32km Standard: steep
This series of walks takes in the large valley to the North of Glengarriff and is one of the more exposed walks to be explored.

5. Beara Way – Distance: 196 km Standard: easy – steep
If you want to see more of the magical Beara Peninsula, the Beara Way is a great way to experience it. The sign posted walk is 196 kilometres long and starts and ends in Glengarriff. From Glengarriff you can go north towards Kenmare or west towards Castletownbere. The masked circuit includes some spectacular scenery and takes in Glengarriff, Kenmare and Castletownbere and the western end of Beara lies to the west of Eyeries and Allihies – and Ireland’s only cable car – to Dursey Island. Northwards you walk along the N71 until two miles up you see the old track crossing the Esk mountain. The views are fantastic towards Bantry Bay and then on the other side to Kenmare Bay. A detailed guide to the whole Beara Way is for sale.

PLEASE DO NOT: Drop litter, pick flowers, damage plants, disturb or injure animals or wildlife, light fires. Please keep dogs under control at all times.